



# Vehicle Emergency Kit

## Prepare a small kit and keep it in your vehicle.

- Food that won't spoil, such as canned food, Ready-to-eat meals, energy bars and dried foods, dry cereal or granola, peanut butter, dried fruit and nuts, crackers, canned juices, non-perishable pasteurized milk (check expiration dates on an annual basis.)
- Water (plastic bottles won't break if frozen - change every six months)
- Blanket
- Extra clothing and shoes
- First aid kit with seatbelt cutter
- Small shovel, scraper, and snowbrush
- Candle in a deep can and matches
- Flashlight (crank, wind-up or battery-powered). Replace batteries once a year.
- Radio (crank, wind-up or battery-powered). Replace batteries once a year.
- Whistle to attract attention
- Warning light or road flares
- A copy of your emergency plan and contact information

## Recommended additional items to keep in your vehicle

- Sand, salt or cat litter (non-clumping)
- Antifreeze, windshield washer fluid
- Tow rope
- Booster/jumper cables
- Fire extinguisher
- Road maps
- Manual can-opener if needed for the food selected
- Crank, wind-up or battery-powered flashlight (and extra batteries)
- Crank, wind-up or battery-powered radio (and extra batteries)
- Extra keys to your car and house
- Some cash in smaller bills and coins
- If applicable, other items such as prescription medication, infant formula, equipment for people with disabilities, or food, water and medication for your pets or service animal (personalize according to your needs).