



Basic Emergency Kit Checklist

Food and Water

- Water – at least two litres of water per person per day; include small bottles that can be carried easily in case of an evacuation order
- Food that won't spoil, such as canned food, ready-to-eat meals, energy bars, dried foods, dry cereal/granola, peanut butter, dried fruit and nuts, crackers, canned juices, non-perishable pasteurized milk (check expiration dates annually.)

Equipment

- Manual can-opener
- Crank, wind-up or battery-powered flashlight (and extra batteries).
Replace batteries once a year
- Crank, wind-up or battery-powered radio (and extra batteries). Replace batteries once a year
- Candles, lighter, waterproof matches
- Pens, paper, games
- Duct tape
- Pocket knife
- Cooking and eating utensils
- Whistle and flares to attract attention

Toiletries

- First aid kit
- Hand sanitizer, masks, dry shampoo, deodorant
- Toilet paper
- Dish soap
- Feminine hygiene products

Personal Items

- Cash (small bills and change) if power is out and debit/credit machine are down
- Important family documents such as identification, insurance, and bank records
- A copy of your emergency contacts including phone numbers
- Extra keys to your car and house

Special Needs

- Special dietary needs
- Infant needs (diapers, formula, bottle, toys, etc.)
- Prescription medication
- Equipment for people with special needs (glasses/contact lenses, hearing aids, CPAP, oxygen, etc.)
- Pet supplies (food, leash, litter box/bags, muzzle, medication, comfort items, etc.)